


Care plan for Michael FitzGibbon

Client ID 5XJX3W

 **Address** 21 Green Lane, Tiptree, Colchester, Essex, CO5 0DE

 **Date of birth** 5 Dec 1947

 **Phone number** +447787544365

Gender (and pronouns) Male

Ethnicity White

Religion Unknown

Relationship status Widow

Sexual orientation Heterosexual

Other basic information 01621 015586 (Home Number)

About me

Living situation (inc. pets)

Michael lives alone in a small Bungalow in Tiptree Colchester, he does not have any pets.

Languages spoken

English

Key contacts

 **Sheila FitzGibbon:** Daughter in Law

 [07810013936](tel:07810013936)

Other people/organisations involved in my care

Michael is supported by his Son and Daughter in Law with his care. He attends appointments at a Hospital in Cambridge to monitor his NF2 condition. He is also supported by "his ladies" who are part of an organisation who support individuals who have sight and hearing difficulties to appointments.

Likes and dislikes

Michael does not appear to be a overly social person but he does have a keen interest in lawn mower engines and being out in the garden, he is also a keen lover of music and has over 4000 records. He is also a big lover of Eddie Stobart and had his eldest grandchild's name put on a Eddie Stobart Lorry when she was first born. Michael will also happily talk about close family members including his son, daughter in law, grandchildren as well as his late wife (Pat.)
It is important that staff do not talk or ask about Michael's own siblings as he no longer talks to them.

Personal history and background

Michael was born and bred in Tiptree Essex, he attend the village primary school and then went to the Boys High Independent School in Colchester. He has always worked in laboring / manual jobs since leaving school right up until his retirement.
He has always had a keen interest in fixing things particularly lawn mower engines.

Interests and hobbies

Michael has a keen interest in lawn mower engines, he also loves to spend time in the Garden and planting seeds.
He also loves music and has over 4000 records but does require support and encouragement to listen to them since he has his cochlear implant fitted as he needs to learn to listen to the music again.
He is a big fan of Eddie Stobart and used to spend time spotting the lorries.

Allergies

Michael does not have any allergies

Other routines eg. visits and outings

Michael attends a group on a Tuesday on a fortnightly basis.

Legal and financial arrangements

Michael's Son and Daughter in Law hold power of attorney for Health and Finance.

My health & care

My main care outcomes

Michael requires increased support with household chores and maintaining a high level of cleanliness as this is difficult for him to do himself due to his physical health needs that impact his balance. It is felt that Michael would benefit with support with companionship as he has been living alone for a number of years. It is also felt that Michael would benefit with support with meal preparation at least once a week or twice a week to support him with a well balanced nutritional diet.

Visit types

Monday Visit

Food

To support Michael to prepare and cook a meal for lunchtime that is healthy and well balanced.

Personal care

To support Michael with the home remedy treatment of the warts on his hands.

Companionship / respite care

To spend time with Michael talking about his day and week, encouraging him to spend time doing activities that he enjoys such as listening to music, time in the garden or conservatory.

Laundry

To check and see if Michael requires any support with his laundry being washed, hung out if needed, bought in and ironed.

Groceries

To support Michael to ensure that all food in his Kitchen is in date and stored correctly, support Michael to ensure that he is aware of what foods that he needs to purchase when he is out including for lunch and dinner that you prepare with him.

Housework

Kitchen please check all areas of the kitchen including the fridge to ensure that they are clean and that there is no evidence of insects.

Household chores

To support with light household chores around the home, including making his bed (two duvets should be made up also- as he prepares two duvets), ensuring that all areas are clean tidy and to a high standard

Thursday Visit

Personal care

To support Michael with the home remedy treatment of the warts on his hands.

Groceries

To support Michael to ensure that all food in his Kitchen is in date and stored correctly, support Michael to ensure that he is aware of what foods that he needs to purchase when he is out including for lunch and dinner that you prepare with him.

Housework

Deep clean of all areas of the home to ensure a high standard of cleanliness, to remove all items of rubbish and to communicate to Michael anything that has been thrown away but needs replacing for example air fresheners.

Tuesday Afternoon Visit

Food

To support Michael to prepare and cook a meal for Dinner that is healthy and well balanced.

Personal care

To support Michael with the home remedy treatment of the warts on his hands.

Companionship / respite care

To spend time with Michael talking about his day and week, encouraging him to spend time doing activities that he enjoys such as listening to music, time in the garden or conservatory.

Laundry

To check and see if Michael requires any support with his laundry being washed, hung out if needed, bought in and ironed.

Groceries

To support Michael to ensure that all food in his Kitchen is in date and stored correctly, support Michael to ensure that he is aware of what foods that he needs to purchase when he is out including for lunch and dinner that you prepare with him.

Household chores

To support with light household chores around the home, including making his bed, ensuring that all areas are clean tidy and to a high standard

General mobility

Michael requires a walker can when he is mobilising around the home, he appears to have multiple walkers use a walker around the home. He uses a mobility scooter when out in the community.

Michael has tumours in his brain and around his ears which impact on his balance, so he can feel unsteady and dizzy when mobilising around the home.

It is unclear how his mobility will be affected by his health condition in the future so this needs to be closely monitored.

Michael has arthritis in his left knee and Glaucoma in his right eye which can also be impacting factors on his ability in general.

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